



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2025</h1> <p>THE OASIS</p>			<b>Happy New Years Day!</b> <b>1</b> 9:30- Daily Chronicle 10:00-Monthly Gazette 10:30- <b>Exercise w/ Joe Fish</b> 10:30- Bible Study - Justin 2:15- <b>Music w/ Sean Fullerton</b> 3:30-New Years Trivia/Bingo 7:00-Movie- Comedy	<b>2</b> 9:30- Daily Chronicle 10:00-Who am I? 10:30- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Arizona Doug Urquhart</b> 3:30-Tabletop Bowling/The Power of imagination 7:00- Classic TV Show	<b>3</b> 9:30-Daily Chronicle 10:00-Unscramble the Words 10:30- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Tom Gilmartin</b> 3:30-Wheel of Fortune/Conversation Ball 7:00-Movie- Western	<b>4</b> 9:30- Daily Chronicle 10:00- Mad Libs 10:45- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Sandy Robinson</b> 3:30-Manicures/Parachute Fun 7:00-Classic Game Show
<b>5</b> 9:30- Daily Chronicle 10:00-Catholic Mass 10:45- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/Gary Landgren</b> 3:30-Bingo/Color by Number 7:00-Movie- Drama	<b>6</b> 9:30- Daily Chronicle 10:00-What is a Dodo? 10:30- <b>Exercise w/ Joe Fish</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30-Star of the Month: Kevin Costner/Snowball Toss 7:00- National Geographic TV	<b>7</b> 9:30- Daily Chronicle 10:00-Finish The Phrase 10:30- <b>Exercise w/ Paula Sheehan</b> 10:30-Art Therapy W/ Lynda Shoup 2:15- <b>Music w/ Bill McCarthy</b> 3:30-Baking Club/Guy Talk 7:00-Movie-Musical	<b>8</b> 9:30-Daily Chronicle 10:00-Snow Jokin' 10:30- <b>Exercise w/ Joe Fish</b> 1:30- <b>Music w/ Kalifornia Karl</b> 3:00-Creative Craft/Golf Putting 7:00-Documentary	<b>9</b> 9:30- Daily Chronicle 10:00-Taboo 10:30- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30-Auromatherapy& Meditation/Remember the Flyer Sled 7:00-Movie- Action	<b>10</b> 9:30-Daily Chronicle 10:00-Idioms in Disguise 10:30- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30-What's the State Capital? /Shuffleboard 7:00- Concert (Residents Choice)	<b>11</b> 9:30- Daily Chronicle 10:00-Fact or Fiction? 10:45- <b>Exercise w/ Paula Sheehan</b> 2:00- <b>Music w/ Lenny Zarcone</b> 3:30-Football Throw/Winter A-Z 7:00- Funny Videos
<b>12</b> 9:30- Daily Chronicle 10:00-Catholic Mass 10:45- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Rusty Guertin</b> 3:30-Bingo/Molding w/ Clay 7:00- Sports Bloopers	<b>13</b> 9:30- Daily Chronicle 10:00-Painting Class 10:30- <b>Exercise w/ Joe Fish</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30- <b>Jan. Birthday Party</b> 7:00-Movie- Comedy	<b>14</b> 9:30-Daily Chronicle 10:00-You Be the Judge 10:30- <b>Exercise w/ Paula Sheehan</b> 10:30- Art Therapy Lynda Shoup 2:15- <b>Music w/ Greg Peters</b> 3:30-Baking Club/Car Racing 7:00-Classic TV Show	<b>15</b> 9:30- Daily Chronicle 10:00-Riddles 10:30- <b>Exercise w/ Joe Fish</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30- <b>Tea Party</b> /Down the Rabbit Hole/Alice in Wonderland Trivia 7:00-Movie- Western	<b>16</b> 9:30- Daily Chronicle 10:00-Kumquats are good luck! 10:30- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Sandy Robinson</b> 3:30-Easy Crossword/Ping Pong 7:00-Classic Game Show	<b>17</b> 9:30- Daily Chronicle 10:00-Where am I? 10:30- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30-Travel to England (Video)/Cranium Crunchies 7:00-Movie- Drama	<b>18</b> 9:30-Daily Chronicle 10:00-Winter Trivia 10:45- <b>Exercise w/ Paula Sheehan</b> 1:45- <b>Music w/ Jim O'Neil</b> 3:00-Manicures/Parachute Fun 7:00-National Geographic TV
<b>19</b> 9:30- Daily Chronicle 10:00-Catholic Mass 10:45- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Paul Belanger</b> 3:30-Bingo/Color by Number 7:00- Movie- Musical <small>Activity Professionals Week</small>	<b>Martin Luther King Jr. Day</b> <b>20</b> 9:30- Daily Chronicle 10:00-All about Martin Luther King Jr./Trivia 10:30- <b>Exercise w/ Joe Fish</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30-Golf Putting/20 Questions 7:00-Documentary	<b>21</b> 9:30- Daily Chronicle 10:00-Password 10:30- <b>Exercise w/ Paula Sheehan</b> 10:30- Art Therapy W/ Lynda Shoup 2:15- <b>Music w/ Bill McCarthy</b> 3:30-Baking Club/All About Mozart 7:00-Movie- Action	<b>22</b> 9:30-Daily Chronicle 10:00-Conversation cards 10:30- <b>Exercise w/ Joe Fish</b> 10:30- Bible Study - Justin 2:15- <b>Music w/ Sean Fullerton</b> 3:30-Creative Craft/Gratitude 7:00-Concert (Residents Choice)	<b>23</b> 9:30- Daily Chronicle 10:00-Charades 10:30- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Arizona Doug Urquart</b> 3:30-Men's Group/Sports Discussion & Trivia 7:00-Funny Videos	<b>24</b> 9:30- Daily Chronicle 10:00-Finish The Phrase 10:30- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30-Car Racing/Jopardy (LMS) 7:00-Sports Bloopers	<b>25</b> 9:30- Daily Chronicle 10:00-What am I? 10:45- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Sandy Robinson</b> 3:30-Scattergories/Balloon Toss 7:00-Movie- Comedy
<b>26</b> 9:30- Daily Chronicle 10:00-Catholic Mass 10:45- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Bill Mc Carthy</b> 3:30-Bingo/Molding w/ Clay 7:00-Classic TV Show <small>Australia Day (Observed)</small>	<b>27</b> 9:30- Daily Chronicle 10:00-Painting Class 10:30- <b>Exercise w/ Joe Fish</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30- <b>Resident Council</b> 7:00-Movie- Western	<b>28</b> 9:30- Daily Chronicle 10:00-Jan. Trivia 10:30- <b>Exercise w/ Paula Sheehan</b> 10:30-Art Therapy W/ Lynda Shoup 2:15- <b>Music w/ Paul Belanger</b> 3:30-Baking Club/How animals survive in winter (Video)/Hit the Baseball 7:00-Classic Game Show	<b>29</b> 9:30- Daily Chronicle 10:00-Name 5 10:30- <b>Exercise w/ Joe Fish</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30-What is the Chinese New Year? /Conversation Ball 7:00-Movie- Drama <small>Chinese New Year (Year of the Snake)</small>	<b>30</b> 9:30- Daily Chronicle 10:00-Unscramble the Words 10:30- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Rusty Guertin</b> 3:30-Auromatherapy & Meditation/The Billionaires Club 7:00-National Geographic TV	<b>31</b> 9:30- Daily Chronicle 10:00-What am I? 10:30- <b>Exercise w/ Paula Sheehan</b> 2:15- <b>Music w/ Sean Fullerton</b> 3:30-Ping Pong/Recap of the month's News 7:00-Movie- Musical	

The Oasis 102 Randolph Rd. Worcester MA (\*All activities are subject to change)